

The Champion

ENFP



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ENFP — The Champion an Inspiring Free Spirit

If you've ever watched Robin Williams perform stand-up comedy or act in a dramatic role, you can feel his energy come through like a 10,000-volt cable. He had an infectious smile that drew you in.

Robin exhibited all the best traits of the ENFP personality, enthusiastic, warm, charismatic, and creative. From grade school through the Juilliard Drama School, Robin was energetic, adaptable, and inventive. His quick mind made him one of the top improvisational comedians ever, second only to his mentor, Jonathan Winters. As an ENFP, he liked to create comedic ideas and share them with other people.

Robin will be remembered as one of America's funniest performers and amazing actors.

“ No matter what people tell you, words and ideas can change the world.

Robin Williams

The ENFP is the fifth most common of the 16 personality types. About 8% of the population are ENFPs.

ENFPs like Robin Williams, Sarah Silverman, Sandra Bullock, and Robert Downey, Jr. have a reputation for being quirky, individualistic, witty, and inspirational. They're usually creative artists with a talent for the clever use of language.

We are about to dissect the ENFP personality known as "The Champion."

OVERVIEW of the ENFP Personality

Sometimes known as the "Campaigner," or "The Advocate," the ENFP type has Extraverted, Intuitive, Feeling, and Perceiving personality traits. These people tend to embrace big ideas and actions that reflect their sense of hope and goodwill toward others.

ENFPs are the life of the party, charismatic, enthusiastic, and creative. They naturally attract people to them with their vibrant and positive energy. They are fun to be around, bringing cheer and elevating the moods of coworkers, friends, and family.

Champions seem to have an infinite stream of ideas. Their challenges come when trying to finish what they start. They tend to overthink and have trouble focusing on the details required to carry their dreams into reality and across the finish line.

Here are the common attributes of the ENFP personality.

- **Flexible Yet Unpredictable**

ENFPs like to keep things flexible and spontaneous. They dislike strict schedules, too many rules, or doing something over and over again. They look for a workaround to keep their options open. Constant changes or mixing things up excites them. It's difficult to predict their next move.

- **Good Communicators**

ENFP types have an inherent ability to communicate both verbally and in writing. They enjoy meeting new people and engaging in long conversations.

They are great storytellers who can weave in their natural wit and humor to engage all who listen.

- **Non-Confrontational**

As a feeling type, Champion personalities avoid conflict at all costs. The ENFP will do their best to mediate and find a resolution to any confrontation. ENFPs will try to be fair and listen to everyone's point of view.

When it comes to a personal argument or confrontation, ENFPs will fight for their beliefs and be very protective. If someone steps on their values, don't expect the ENFP just to roll over.

- **Empathetic and Socially Conscious**

ENFPs are generally empathic and interact with people in a non-judgemental manner. Usually, they are accepting of different people, cultures, and opinions. Their extraverted attitude makes them open to multiple perspectives.

ENFPs are very sensitive towards other people's feelings and emotions. They will make an effort to make everyone feel comfortable and happy.

- **Creative and Innovative**

ENFPs are natural artists who can paint a picture with words or tell a story through painting. Champions use their imagination to express their ideas.

The Champion can be considered artistic geniuses in art and music. ENFPs are innovative in any field that interests them, including comedy, literature, and even science.

Some of the most recognizable ENFPs, other than Robin Williams, include:

Bill Clinton, Phil Donahue, Alicia Silverstone, Mark Twain, Charles Schulz, Will Rogers, Carol Burnett, Dr. Seuss, Drew Barrymore, Julie Andrews, Joan Baez, and Regis Philbin.

The ENFP Acronym

Following the four-letter type, ENFP stands for...

- **(E) Extraverted:**
Love spending time with others
- **(N) Intuition:**
Focusing on ideas, dreams, and concepts versus over fussing details and facts
- **(F) Feeling:**
Rule their life based on beliefs, sentiments, values, and people around them
- **(P) Perceiving:**
Flexible and spontaneous instead of structured and organized

ENFPs are friendly, the life of the party, and inspire others.

Values and Motivations of the ENFP Personality

Some other nicknames for the ENFP are "The Campaigner," "Advocate," "The Creative Idealist," "The Inspirer," and "The Hero." These names touch on the values and motivations of the ENFP's character.

The ENFP's Values

The Champion's decisions come more from their hearts than their heads. They value friendship, family, and most of all, their freedom in all its forms. They connect easily with people having the same set of values.

To ENFPs, "Life, liberty, and the pursuit of happiness" is more than a phrase in the Declaration of Independence. It's their highest priority. They believe in taking personal freedom and self-expression as far as they can and wherever they may lead. ENFPs are not afraid to push boundaries when it comes to individual liberty.

The Champion's Motivations

ENFPs are motivated by the new and novel. They become energized when building new relationships with kindred spirits. Being surrounded by people and having animated conversations excites the ENFP. So does being the center of attention.

Champions are "people persons" who love to strike up conversations with anyone, anywhere. They are motivated to try new things, meet new people, and come up with innovative ideas. ENFPs feel motivated and appreciated when their friends, family, and coworkers take the time to listen to their opinions.

How People Perceive the ENFP Personality

Others see the ENFP as the life of the party, fun to be with, lively, caring, and open-minded.

For example, think of Robin Williams. He had a charismatic, high-energy side while performing stand-up. He also had a mellow, serious side, such as his character in "Good Will Hunting." Both characters were charismatic in their unique ways, as it is with most ENFP types.

They magnetically attract people to them with their warmth and genuine caring attitude. They are good listeners who want to help whenever possible.

Sometimes the Champion may seem scattered, and they are usually unconventional, if not a bit eccentric. People, in general, appreciate their authenticity and honesty.

The positive perceptions of ENFPs are:

- Friendly, enthusiastic, and open-minded
- Spontaneous and creative
- Artistic, authentic, and curious

ENFPs gravitate toward the new, exciting, and novel. Their free spirits may seem restless to outsiders.

On the negative side, they can make personal changes too often, confusing people who don't know them well.

The negative perceptions of ENFPs include:

- Hyperactive, unfocused, or scatterbrained
- Overthinking their decisions trying to find "deeper meaning"
- Impractical, tend to put off work until the last moment
- Hate to follow the rules, regulations, and structure

ENFPs are fortunate in that they're successful at anything which interests them. However, ENFPs get bored or distracted relatively easily. As a result, they may not see projects through to their completion.

Next, let's uncover the strengths and weaknesses of the ENFP personality.

Strength Traits of ENFP

“ They may be inspiring teachers, scientists, artists, advertising or salespeople, or almost anything they want to be.

Isabel Briggs Meyers

Gifts Differing

- **Strong People Skills**

ENFPs have an exceptional ability to perceive people and situations. They are egalitarian and want to assist others. Their natural people skills stem from their belief that everyone is equal. ENFPs have a unique ability to accept everyone just the way they are. Their warmth and enthusiasm draw people to them.

- **Excellent Communicators**

Another reason people love to be around ENFPs is their ability to listen attentively and tell engaging stories from the heart. They are comfortable speaking with almost anyone and getting them to tell their stories. Equally skilled orators or authors, ENFPs are at home encouraging, persuading, or empowering people.

- **Imaginative and Creative**

The ENFP enjoys discussing clever ideas and solutions with an unbiased, open mind. They thrive on exploring any creative possibilities. Their unbridled imagination makes them naturals as actors, musicians, and authors. ENFPs thrive in places where their creativity is encouraged. You'll see them welcome any innovative idea or experiment just for the sake of creating better art.

- **Natural Leaders**

Unconstrained by reality, ENFPs make charismatic leaders, especially in show business or politics. They are idealistic and will fight hard for causes for which they are passionate.

They readily accept leadership and enjoy the limelight. They have a positive, "can-do" spirit that makes it easy for people to follow them. ENFP leaders are consensus builders who work hard to gain the trust of their colleagues and build rapport by patiently listening to their ideas. ENFPs enthusiastically support good suggestions from their group, generously giving credit where credit is due.

- **Charismatic and Fun**

ENFPs have a joy of living that makes them fun to be around. They are energetic, the spark plugs in most social situations. They possess an incredible sense of humor and optimism, which can bring a smile to even the doourest soul.

...And Weaknesses

To grow as a person, the ENFP must face their weaknesses and deal with them. That means taking a good look at these potential problem areas.

- **Too Open and Welcoming**

ENFPs can get themselves into dangerous situations by being too trusting. Scammers and con artists find ENFPs easy targets because of their open-mindedness towards all.

- **Hypersensitive**

Champions sometimes find negative intentions in others that don't exist. They let their imaginations run wild and think people may be out to get them by misinterpreting what was said. They tend to take negative criticism poorly. Champions can internalize their anger, stewing over it rather than just dealing with the emotion right then and there.

- **Lack of Follow Through**

ENFPs can develop innovative approaches and systems, but not if they get bogged down in implementation details. They don't do well when it comes to the details of planning. The tendency is to start one project, get it going and then jump on a new one before finishing the first one. Typically, once the ENFP starts a new project, the previous one becomes an orphan.

- **Overthinking Basic Issues**

If their partner doesn't give compliments frequently, the ENFPs mind will start to fire up their insecurities. ENFPs need their egos stroked regularly. A lack of compliments can devolve into feelings of being unloved and unappreciated. This overthinking can happen to other situations unrelated to emotional issues, such as on the job. ENFPs need to reign in their overactive imagination before wallowing too deep in negative thoughts.

- **Chaotic and Unorganized**

Behind a messy desk, you'll find ENFP who knows where everything is. They are comfortable with some disorganization, but it can be troubling for those working or living with them. It will be a good partnership if an ENFP can team up with someone who doesn't mind tidying after them.

Development and Potential for ENFPs

Just like the other 15 personalities, there is room for growth and improvement in everyone. The ENFP is no exception. Here are some areas in which they can improve.

- **Stop Analyzing Everything**

Analyzing things is a good habit but overanalyzing is not. Overthinking important decisions can halt and delay projects. The Champion needs to get into the habit of deciding quickly once they have finished analyzing the situation.

- **Learn to Take Criticism Constructively**

ENFPs can react abruptly to criticism. Not all critiques are personal attacks, especially if they come from someone they know. They need to listen objectively to what is being said and use their fantastic analysis to understand the criticism. One way to handle this is to listen as if the complaint was for someone else.

- **Stop Looking for Hidden Agendas**

ENFPs usually have a hard time taking conversations at face value. They are apt to suspect the other person's motives, blowing small statements out of proportion. Practice listening effectively to avoid a communication breakdown that can quickly elevate into an argument and frustrate others.

- **Fishing for Compliments**

ENFPs try hard to please others with the intent of fishing for compliments. The negative aspect is that they ignore their good instincts. They fail to recognize whether the compliment is sincere, or others are manipulating them. Champions need to be less concerned about what's in other people's minds. They don't need external validation with their great positive traits.

- **Express Your Feelings**

ENFPs can be hard on themselves when it comes to failure. They don't take criticism well and have self-doubts. Altogether, these create self-destructive, negative feelings. ENFPs need to let out those feelings in a safe way and feel better immediately when they do.

Employment and The ENFP's Work Life

ENFPs are friendly, lively, and have an energetic work style. They do their best when

working in a flexible environment, not in a rigid workplace. They are in their element when providing innovative ideas and offering solutions. Their extraverted nature makes ENFPs an essential part of any creative team.

Because ENFPs are empathetic people persons, they succeed in service-oriented careers. Jobs that involve lots of detailed, routine tasks are not a good match. ENFPs work well with other people that have the strengths that they lack. For example, if they can pair up with someone detail-oriented, they will complement each other's strengths and make an effective team.

The Champion personality brings positive energy, fun, and refreshing ideas to any collaboration. They uplift the mood and quality of the team if given the opportunity.

ENFP's Best Career Choices

ENFPs' creative talents suit them well in artistic fields like interior design, visual arts, music, and theatre. They are also good at jobs involving other people.

Career categories that bring out the best in the ENFP include:

- Entertainment and the Arts
- Media, Communications, and Public Relations
- Business and Sales
- Science and Health Care
- Personal Care and Service

Some specific careers that highlight an ENFPs creativity and energy are:

- Actor, Musician
- PR Manager or Reporter
- Sales Manager
- College Professor
- Barber, Hairdresser, or Cosmetologist
- Fashion, Graphic, or Interior Designer
- Conservation Scientist
- Chiropractor

ENFPs Should Avoid These Jobs

ENFP personalities will find these jobs draining and stressful:

- Engineering

- Dentistry
- Farming
- Factory Supervisor
- Bank Teller

These occupations are unsuitable to the Champion's energetic personality type.

Is the ENFP a Team Player?

Champions thrive in team environments, especially when bosses show appreciation for their contributions. They need to work where they can freely converse with the team. Jobs that require extended focus on tasks without communication, like factory work, will not work for ENFPs.

They enjoy the interaction and exchange of ideas, whether as a team leader or a member. ENFPs are enthusiastic team members who encourage their colleagues to think creatively as much as possible. Their charisma helps to motivate the team to do their best.

Champions enjoy making new relationships but may resent the work style of task-oriented and less creative people.

Leadership Potential for ENFPs

Champions make great entrepreneurs, motivating new hires to create innovative products and solutions. Statistics show they tend to earn more when self-employed.

ENFPs do well as leaders, whether in business or politics. They quickly convey excitement and infectious enthusiasm for their ideas. Their leadership style is primarily democratic rather than dictatorial. Their flexible leadership style allows people to find new solutions to reach their goals.

As we've mentioned, ENFPs are not the most organized or detailed individuals. They need to recruit others to make up for those deficits. Otherwise, they need to develop those skills to see their ideas come to fruition.

ENFP's Compatibility with Other People

The Champion draws their energy from socializing and stimulating conversation. Of course, not everyone appreciates an extrovert. Here's how ENFP relates to the other 15 personality types.

Birds of a Feather...

These four Meyers-Briggs personality types that make the most compatible match with the Champion:

1. **INFP** — The Healer — Shares three of ENFP's traits, but not very social
2. **ENTP** — The Visionary — Bring reasoning, objectivity, and less emotion to the relationship
3. **Other ENFPs** — The Champion — Passionate, idealistic, and has deep values
4. **ENFJ** — The Teacher — Social chameleons who can blend in anywhere

Common Connections

These personality types offer an excellent opportunity to learn from one another for a strong bond.

1. **ISFP** — The Composer — Realists and pragmatists who experience life to the fullest
2. **INTJ** — The Mastermind — Devoid of emotion. They make decisions objectively
3. **ESTP** — The Dynamo — Charming, adventurous, impulsive, and exciting
4. **ESFJ** — The Provider — Grounded, stable, predictable, and suspicious of change

Challenging Differences

These relationships offer a blend of commonalities and intriguing differences.

1. **INTP** — The Intellect — Intelligent, independent, and logic-driven
2. **INFJ** — The Counsellor — Can help direct ENFPs creative energy
3. **ESFP** — The Performer — Love lots of action. Will keep ENFPs grounded
4. **ENTJ** — The Commander — Strategists who are decisive and driven to accomplish goals

Opposite Personalities

Although these four personalities are almost polar opposites of the ENFP, the upside is that if they can get along, there is a tremendous opportunity for mutual growth.

1. **ISTP** — The Craftsman — Realistic, spontaneous, and hedonistic
2. **ISTJ** — The Inspector — They lack enthusiasm but offer a slower, calmer pace in life
3. **ISFJ** — The Protector — Provide security, reality, and tend to be introverted
4. **ESTJ** — The Supervisor — Shared values, blunt communicators who like structure

ENFP In Romantic Relationships

The Champion is quite romantic. They like giving and receiving tokens of affection like compliments, flowers, little gifts, and other romantic gestures. They have an

innate ability to tune in to their partner's emotions, offering the right sentiment at the right moment. ENFPs are very responsive to their partner's emotional needs.

ENFPs are explorers, but they don't want to go alone. They seek a partner who is willing to share life's adventures. Stay at home types need not apply. An ideal partner provides compliments and appreciation for ENFPs creativity and caring ways.

ENFPs are warm and encouraging but will not give up their innermost feelings easily. They dislike any form of confrontation and will do their best to find a creative solution to get the relationship back on track.

Do ENFP Personalities Make Good Parents?

ENFPs make warm and devoted parents. They encourage their children's creativity and self-expression, guiding them to discover their unique passions and interests. As the children's interests hop from dinosaurs to astronomy, the ENFP will be there to provide as many tools, toys, and experiences as they can.

ENFP parents take their responsibility as parents seriously. They value a close relationship with their children and will avoid doing things that may distance that relationship. They are not strict disciplinarians and give their kids plenty of latitude to find themselves and their passions in life. They want their children to accept and enjoy who they are, not fitting into anyone else's mold.

ENFPs and Communication

ENFPs love to meet new people and strike up interesting conversations. They are enthusiastic communicators, and they have no trouble talking to strangers or large groups. ENFPs tend to bring out the best in everyone.

In a relationship, it may be hard for you to get heard. Once ENFPs stop talking, they are very empathetic and will listen attentively. Here are a few ways to communicate with ENFPs, whether at work or home:

- 1. Give Support and Encouragement** — ENFPs are sensitive and need lots of encouragement and positive feedback. The Champion can feel insecure if things go wrong. Remind them of all the things they did right to keep their energy up and attitude positive.
- 2. Be Respectful** — ENFP individuals hate conflict. Negative criticism is one way to light that fuse. They respect honesty, but you should provide criticism gently. Be patient, calm, and sincere if you want to avoid a meltdown.
- 3. Start with the Broad View** — ENFPs love to see the big picture. It's easy to get them enthusiastic about a new project but challenging to get them to focus on

individual tasks. Keep reminding them of the difference they make by finishing the job or project.

4. Be Emotionally Transparent — Not everyone can show their emotions, but you may need to learn how. ENFPs feel and respond to people's emotions. To remain emotionless can be a sign that you are hiding something from them.

5. Keep Communication Lines Open — For ENFPs, a lack of communication is a red flag that something is wrong. In their perception, silence is never good. Do your best to clarify to your ENFP colleague or partner that you will speak up when there is a problem. Open communication will solve problems faster.

The ENFP types are excellent communicators, driven and passionate. They can be charismatic leaders and excellent motivators. To create a lasting relationship, ENFPs need plenty of encouragement and an open line of communication. Regular compliments about their creativity are the best ways to keep an ENFP enthusiastic and energized.

“ For the ENFP, experiences are not ends in themselves but vessels through which they can uncover deeper, more complex truths about life. Therefore, the more experiences they draw in and process in a meaningful way, the more fulfilled the ENFP feels.

Heidi Priebe

The Comprehensive ENFP Survival Guide

The Final Words

This eBook have covered many life's areas for your better understanding yourself, your perspectives and other people too. This information is not for one-time use. You can return to it as many times as you want throughout your life. The person changes his point of view with the accumulated experience. So when you read this information again, you will be able to discover something new for yourself.

What's next?

If you want to explore more about your personality take a look for our [Website](#). Know more about your [Career](#), [Personal Growth](#) and [Relationships](#). Check out our [Resouces](#), especially [Blog](#), which contents a lot of useful and interesting information about all personalities and how to communicate with them. To understand the personalities theory read [Theory](#) section.

Good luck for great beginnings, The Champion!



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